

## REAXING TRAINING METHOD

Reaxing is the combination of innovative equipment and training methods developed and based on the **“sudden dynamic impulse”** technology. The consequent unpredictability boosts training performances to a much higher level in terms of quality and quantity. As a matter of fact, sports performances improve, as well as metabolic activity, muscular responsiveness and reliability of post trauma recovery.



## COURSES

# EDUCATIONAL

**“PARTICIPATE IN ONE OF OUR CLASSES AND LEARN HOW TO USE OUR PRODUCTS AT THEIR BEST”**

Reaxing fully supports your activities and allows you to use the whole range of products in the best way. All our courses are developed to train fitness professionals, providing them with programs suitable for their needs and in line with the **“Reaxing Training Method”**. Professionals in the fitness field and qualified Master Trainers have created and developed a wide range of educational programs, all with a highly qualifying direction and a clear and simple educational method behind. Check our website [www.reaxing.com](http://www.reaxing.com) for updates and courses availability.



**REAXING**  
TRAIN TO REACT

[WWW.REAXING.COM](http://WWW.REAXING.COM)  
f i y

mindfunction

TRAIN TO REACT



**REAXLIGHTS**  
THE CLEVER LIGHTS

## THE CLEVER LIGHTS

# REAXLIGHTS

**“WITH THIS INNOVATIVE LIGHTS SYSTEM, ANY TRAINING CONCEIVED TO TRAIN REACTION AND AGILITY BECOMES INTERACTIVE”**

Training reactivity, reaction ability and response speed to a given sudden impulse will never be the same again. This brand new functional training method is dynamic, fun and suitable for conditioning training. Any type of training gets interactive, improving the reaction capability. Reax Lights is an incredible Wi-Fi tool: it's versatile, flexible, wearable and easy-to-use. Training becomes self-motivating and any kind of free body exercise results more reactive than ever. It's equipped with magnets and has different accessories for a quick and easy application on metallic surfaces, on walls, on the floor, on the ceiling, on wall bars or any other functional training structure. The satellites are controlled through a dedicated app on a tablet, which allows the user to select the difficulty level and the training program she or he wishes.

# TECHNOLOGY

## APP

Reax lights are controlled through wireless technology on a tablet computer with a dedicated app. Just 3 steps and you're ready to get your training session started. A true user-friendly tool.



## PROGRAMS

Different color lights and the position of the satellites allow the user to set training programs suitable for everyone: adults, athletes, elderly and beginners.



## SATELLITE

Durable, magnetic, soft, unbreakable. You can put it on the floor or any metallic surface. It's wearable and has many accessories.



## RECHARGE

You can charge the satellite on the "Reax Recharging Tower", by putting it on the dedicated station (induction station) or you can use the appropriate cable plugs (cable station).

# TRAINING SOLUTIONS

The training possibilities are endless. The user can perform free body exercises or use Reax Lights in combination with other functional tools, adding interactivity and unpredictability to the training routine. With Reax Lights, any exercise gets more fun and effective, giving the user a brand new moving experience while boosting agility and proprioception.

**Reax Lights Station** is a dedicated area conceived to be implemented in your club. The purpose of this station is to amplify your training sessions with Reax Lights. It is an electronic tool, developed for impressively functional, interactive and agile workouts.



# TECHNICAL SPECS

Reax Lights are available in two different packs with 6 or 12 satellites. To complete the offer, there are several accessories to make your gym workouts even more fun, effective and interactive.

## REAX LIGHTS 6 PACK

■ ■ ■ COLORS



## REAX LIGHTS 12 PACK

■ ■ ■ COLORS



## OPTIONALS

### TARGET BALL BASKET



### WALLBAR HOUSING



### THIGH HOLDER



### TORSO HOLDER

