

REAXING TRAINING METHOD

Reaxing is the combination of innovative equipment and training methods developed and based on the "sudden dynamic impulse" technology. The consequent unpredictability boosts training performances to a much higher level in terms of quality and quantity. As a matter of fact, sports performances improve, as well as metabolic activity, muscular responsiveness and reliability of post trauma recovery.



COURSES

EDUCATIONAL

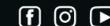
"PARTICIPATE IN ONE OF OUR CLASSES AND LEARN HOW TO USE OUR PRODUCTS AT THEIR BEST."

Reaxing fully supports your activities and allows you to use the whole range of products in the best way. All our courses are developed to train fitness professionals, providing them with programs suitable for their needs and in line with the "Reaxing Training Method". Professionals in the fitness field and qualified Master Trainers have created and developed a wide range of educational programs, all with a highly qualifying direction and a clear and simple educational method behind. Check our website www.reaxing.com for updates and courses availability.



REAXING
TRAIN TO REACT

WWW.REAXING.COM



mindfunction

2017
INNOVATION
AWARD



TRAIN TO REACT



REAXCHAIN

THE MUTANT WEIGHTS

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REAXCHAIN



DAVID STAUFFER
Master Trainer
and Presenter

Born in the USA, based in Milan since 1993. He travels the world to present innovative programs and training methods for clubs.

"FLEXIBLE, WEARABLE, UNPREDICTABLE, SAFE AND FUN. REAX CHAIN WILL SHAKE UP OUR TRAINING"

Reax Chain consists of flexible and adjustable rings. It can be used as a kettlebell, a battle rope, a barbell, a dumbbell, a core bag, a Bulgarian bag and in many other ways. It is dynamically unpredictable, flexible, wearable, soft, safe and space-efficient. This truly functional tool is going to revolutionize traditional training. Reax Chain is available in different weights and can be combined with endless exercises, all exploiting inertia, dynamics, centrifugal force, and progressive resistance. Perfect for group activities, it is also congenial for those who wish to train with their PT in the peace of their homes or in their neighborhood park. Its safety and user-friendliness makes Reax Chain absolutely unique: you can grab it, throw it, squeeze it, wear it, bend it or even step on it, causing no harm to the user nor to the floor.

Reax Chain is the first product to exploit the Reax Flex Weights technology (international patent pending). Reaxing is the first company in the world to develop a training methodology and a product range exploiting the "Sudden Dynamic Impulse" concept and technology.

GENERAL FEATURES



1. VERSATILE

Due to its structure, Reax Chain is suitable for endless bodyweight exercises - from traditional to dynamic ones.

4. USER FRIENDLY

Due to its peculiar softness, you can grab it, throw it, squeeze it, wear it, bend it or even step on it. Reax Chain is a true functional tool, innovative and fun.



2. DYNAMIC

Its flexibility alters the repetition of the motor gesture. It can be combined with endless exercises, all exploiting inertia, dynamics and centrifugal force.

5. ADJUSTABLE

The user can choose from a variety of weights, and select the most suitable for functional workout programs during group activities.

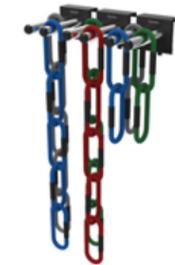


3. WEARABLE

Its flexibility allows the user to wear reax chain and perform pull-ups, push-ups and any other bodyweight exercise with this additional weight.

6. SPACE-SAVER

Many products in one, endless training possibilities in a very compact space. Easy to carry and store.



TRAINING SOLUTIONS

INDIVIDUAL, SMALL GROUP, LARGE GROUP



5 LINKS

2 LINKS

Adjustable intensity, compatibility and flexibility combined with inertia, dynamics and centrifugal force make the Reax Chain an unique and suitable tool for endless training possibilities. Perfect for functional training, it is fun when used during group activities. It is also congenial for those who wish to train with their PT, in the peace of their homes or in their neighborhood park. Basically, it is suitable for everyone.



TECHNICAL SPECS

Reax Chain is available in different weights, identified by different colors. It comes in two sizes: 2 or 5 rings. You can use them together or separately for endless training possibilities.

	MODEL 1	MODEL 2
●	 2 GRAY KG.1	 5 GRAY KG.2
●	 2 BLUE KG.2	 5 BLUE KG.4
●	 2 GREEN KG.3	 5 GREEN KG.6
●		 5 RED KG.8