

REAXING TRAINING METHOD

Reaxing is the combination of innovative equipment and training methods developed and based on the “sudden dynamic impulse” technology. The consequent unpredictability boosts training performances to a much higher level in terms of quality and quantity. As a matter of fact, sports performances improve, as well as metabolic activity, muscular responsiveness and reliability of post trauma



COURSES

EDUCATIONAL

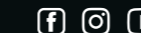
“PARTICIPATE IN ONE OF OUR CLASSES AND LEARN HOW TO USE OUR PRODUCTS AT THEIR BEST.”

Reaxing fully supports your activities and allows you to use the whole range of products in the best way. All our courses are developed to train fitness professionals, providing them with programs suitable for their needs and in line with the “Reaxing Training Method”. Professionals in the fitness field and qualified Master Trainers have created and developed a wide range of educational programs, all with a highly qualifying direction and a clear and simple educational method behind. Check our website www.reaxing.com for updates and courses availability.



REAXING
TRAIN TO REACT

WWW.REAXING.COM



mindfunction

2016
INNOVATION
AWARD



PATENT
PENDING



TRAIN TO REACT



THE SMART FLOOR

REAXBOARD

“REAX BOARD DESTABILIZES ANY MOTOR GESTURE PERFORMED ON IT. AS A RESULT, THIS INNOVATIVE FUNCTIONAL TRAINING REACHES THE HIGHEST NEUROMUSCULAR LEVEL OF INTENSITY YOU CAN GET”

Reax Board is an incredible smart surface that can simulate and generate sudden interferences during the training session. Training combinations and possibilities are endless. Exercises normally realized under static and predictable conditions become more effective and fun, all muscles are stimulated and concentration is constant and high. The user or PT selects training programs and levels on the dedicated app on the tablet. Only a PT can start a special PT session to keep the user safe during the most challenging and intense programs. For instance, the Live program allows the user to influence the performance in real time by controlling the type and intensity of the interferences with just a finger or to freeze the board's motion in a chosen position.

REAXBOARD
THE SMART FLOOR

TECHNOLOGY

APP

The board is wireless and controlled through its dedicated app on a tablet, available for IOS and ANDROID.



PT PROGRAM

PT sessions are only available after entering a password, in order to perform the most intense programs under complete safety inside the club. An example of a PT program is the Live function, which allows real time control.

USER FRIENDLY

The graphic interface makes it easy to surf and choose among many programs. Just two steps and you're ready to start your training sessions.



OPEN PROGRAMS

Open programs are developed to suit everyone's needs: adults, elderly people, pro athletes or recovering ones.

TRAINING SOLUTIONS

CALISTHENICS



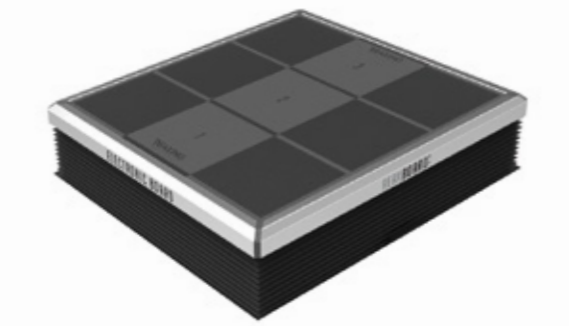
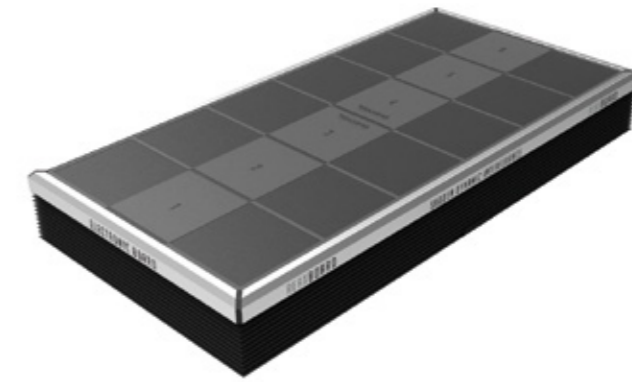
The training possibilities are endless. Users can perform free body exercises on the board or use it in combination with other functional tools, adding unpredictability and increasing the training's effectiveness. The unstable surface offers a new motion experience, improves balance and proprioception and boosts neuromuscular efficiency - all increasing calories consumption.

COMBY



TECHNICAL SPECS

Reax Board is available in two sizes. The bigger one perfect for dynamic exercises in bipodalic or quadrupedal stances with more than one user simultaneously. Reax Board Mini is perfect for a bipodalic use with more than one user simultaneously.



REAXBOARD

Length (cm | in) 250 cm | 98.42
Width (cm | in) 125 cm | 49.21
Height (cm | in) 33 cm | 13

REAXBOARD MINI

Length (cm | in) 125 cm | 49.21
Width (cm | in) 125 cm | 49.21
Height (cm | in) 33 cm | 13